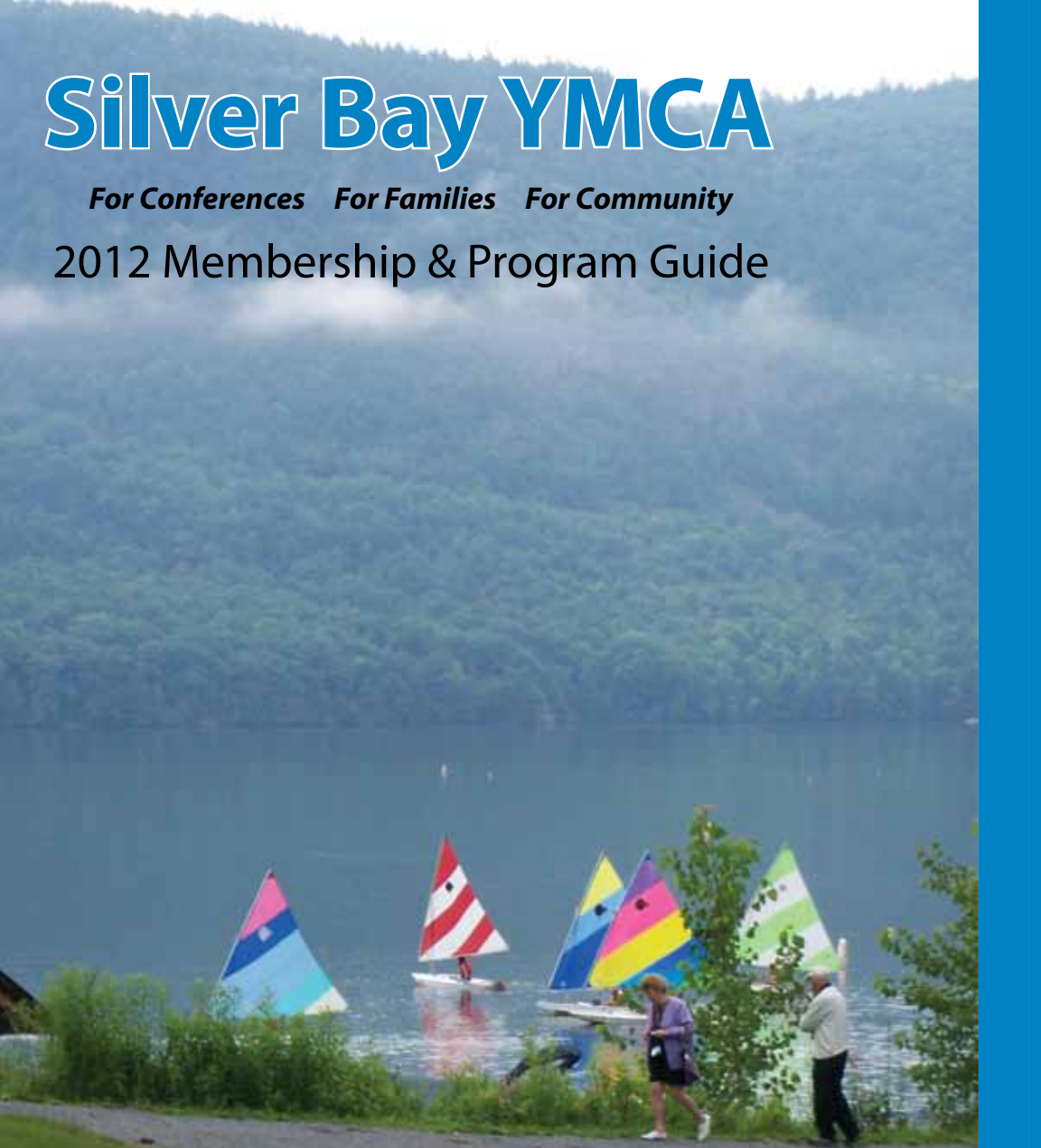


# Silver Bay YMCA

*For Conferences For Families For Community*

## 2012 Membership & Program Guide



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# Mission & Vision

The **mission** of Silver Bay YMCA is to offer all people opportunities to renew, refresh, and nurture their spirit, mind, and body.



The **vision** of Silver Bay YMCA is to be an outstanding family conference center that provides quality services in a historically rich setting and is recognized as a welcoming community that connects generations, develops leaders, creates world mindedness, and feeds the soul.

## \* First Timer

Let our Reservations Department know it's your first time visiting Silver Bay and receive

**20% off**  
your entire stay.

*Please mention code 455 at time of reservation. Promotions are not valid for group bookings or off-campus memberships. No other promotions apply.*

## \* YMCA Members

Silver Bay participates in the AWAY program. Provide proof of current YMCA membership at time of reservation and

**receive 10% off**  
your entire stay.

# Welcome to Silver Bay

From time with family and friends to exploring the campus, to experiencing the programs that Silver Bay has to offer, each experience will leave you feeling renewed, refreshed and inspired.

*Where will your Silver Bay experience take you?*

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## Conferences & Groups

Silver Bay hosts conferences, team building and leadership training, family reunions, weddings and special events as well as family vacations.

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## Lodging

We welcome you to stay on our historic campus. In the Lodging section, you will find descriptions and pricing to fit all plans and all budgets.

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## Membership & Program Packages

Membership is required to make an individual reservation and to purchase a program package

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## Programs, Children & Teen Programs, and Special Programs

Our Program section explains the many recreational and educational activities Silver Bay offers for individuals, children and families.

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## Meals

Learn about the dining options, Silver Bay has to offer.

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## Community & Giving Opportunities

And finally, we hope you will consider giving back to Silver Bay by supporting us in providing mission-driven programs.

## \* Contact Information

Silver Bay YMCA  
87 Silver Bay Road • Silver Bay, New York 12874  
[www.silverbay.org](http://www.silverbay.org)

Phone: 518.543.8833 Fax: 518.543.6537

Guest Services .....	ext. 0	<a href="mailto:mrobinson@silverbay.org">mrobinson@silverbay.org</a>
Children's Programs .....	ext. 210	<a href="mailto:jpalandrani@silverbay.org">jpalandrani@silverbay.org</a>
Conference Services .....	ext. 345	<a href="mailto:conference@silverbay.org">conference@silverbay.org</a>
Programs & Membership .....	ext. 211	<a href="mailto:cclose@silverbay.org">cclose@silverbay.org</a>
Reservations .....	ext. 350	<a href="mailto:reservations@silverbay.org">reservations@silverbay.org</a>
Spiritual Life Center .....	ext. 293	<a href="mailto:bhudak@silverbay.org">bhudak@silverbay.org</a>
Trinity/Brookside Ministry .....	ext. 286	<a href="mailto:cdevenger@silverbay.org">cdevenger@silverbay.org</a>
Development .....	ext. 209	<a href="mailto:kcurtis@silverbay.org">kcurtis@silverbay.org</a>

# Conferences & Groups

## Conferences & Retreats

**A**t Silver Bay, we offer a comprehensive approach to conferencing. We provide a variety of accommodations, unique meeting spaces, and an array of programs to enrich the conference experience, as well as activities that build a healthy spirit, mind, and body.

If you have a set agenda, we can provide a setting with genuine hospitality to make your conference or retreat an experience to remember.

### Groups:

- Corporate
- Youth
- Scout troops
- Non-profit organizations
- Schools or Universities
- Families
- Wellness & Holistic Lifestyles
- Crafters



## Teambuilding & Leadership Development

**S**ilver Bay offers Teambuilding and Leadership Development programs that meet the needs and goals of your corporate, non-profit or youth group, school, family reunion, college or university. Team Building and Leadership Development programs are a great way to develop community within your group.

Silver Bay can provide the program from the time you arrive to the time you leave, or we can supplement your program for a few hours. Come for an overnight or spend the day, and if you can not come to us, we can bring the program to you.

### We offer:

- Low Ropes Course & Group Challenge Activities
- Wilderness Initiative Course
- Character Development/Self Awareness Activities
- Personality Styles
- Leadership Workshops
- Anti-Bullying Workshops
- And much more...

Work with Silver Bay to create a program that meets your group's goals and objectives.

## Family Reunions & Vacations

Multi-generational vacations bring everyone together to reconnect and to relax. Consider Silver Bay for your next family reunion.

- Activities for the young and young-at-heart
- Accommodations to fit every budget
- Children's programs
- Planning support

We take care of the accommodations, meals, activities, children's programs, and special events. You just bring your family.

Family groups of all sizes have held their reunions at Silver Bay to celebrate milestones, anniversaries, special birthdays, or just catch up with one another.

Learn what activities are available during your stay by picking up a copy of our weekly newsletter **The Breeze** at the Front Desk or by viewing it at [www.silverbay.org](http://www.silverbay.org).



## Special Events & Catered Functions

Silver Bay is the ideal location for your special event, wedding, or other catered function. Let us host a special family reunion dinner or your rehearsal dinner, reception, or other catered event in our Boathouse overlooking the Lake or in our stately Inn. Our event staff is available to help plan your special day.

We also do smores set-ups, birthday cakes, bag lunches, BBQs and more. Inquire at the Front Desk.



*\* Why Silver Bay?  
Ask about our  
Family Conference!*

## Silver Bay's Family Conference August 4-18

Lectures and workshops on current events, history, the environment, the arts; concerts from folk to classical; family programs that connect generations; special events from dance lessons to Mozart Singers; Sunday Brunch and special meals; and much more.

# Participate in a Conference



## 55th International Conference

June 1-3

The HUMOR Project (the first organization in the world to focus full-time on the positive power of humor) has been a long-time partner with Silver Bay. Co-directed by Dr. Joel Goodman and Margie Ingram, they have sponsored 8 conferences and workshops here. They are excited to hold their 55th international conference on "Survive AND Thrive: The Positive Power of Humor and Creativity" at Silver Bay on June 1-3. This fun-of-a-kind, learning-chocked, laughter-charged, life-changing program has attracted people from all 50 states and 6 continents. The 2012 program features Peter Funt of Candid Camera fame and honors former Congresswoman Gabby Giffords. In addition to this conference, The HUMOR Project Speakers Bureau has done presentations for over 3 million people on all 7 continents. For a free copy of their Humor Sourcebook and the free monthly Laughing Matters email newsletter, call 518-587-8770 or email [info@HumorProject.com](mailto:info@HumorProject.com). Be sure to visit [www.HumorProject.com](http://www.HumorProject.com) for more info about their 2012 Silver Bay conference and Speakers Bureau.



## The Leadership Forum at Silver Bay A Legacy Of Leadership North America's Longest Running Management Conference

July 6-9

Celebrating their 93rd anniversary, the 2012 Leadership Forum at Silver Bay continues this critical tradition; providing inspiration, optimism and action-planning for leaders in organizations, institutions and communities. Conference participants trade stories about purpose-driven leadership that improves the workplace and our world through everyday acts of courage, always with an eye on navigating the most meaningful course of action for their own organizations. To learn more visit [www.leadershipforumatsilverbay.com](http://www.leadershipforumatsilverbay.com)

**For registration and fee information please visit the conference's website.**



## The Bigger Game™

The Bigger Game is an innovation model—designed to change, challenge, and grow you to become your very best. Experience the Bigger Game workshop and learn how to:

- use the Bigger Game as a reference tool for creating a dynamic life.
- step beyond business as usual.
- increase innovation, creativity and success.

Playing a Bigger Game as a way of life is thrilling and very fulfilling. It is big fun. It uses everything you've got and asks for more. It is often far from comfortable; yet playing a Bigger Game is the most exhilarating experience you're ever likely to have. If you feel called to take a stand for a better world, if you hunger for more meaning in your life, if you're ready to shake off complacency and take action, then you're ready for The Bigger Game. Check out the website for upcoming workshops at [www.BiggerGame.com](http://www.BiggerGame.com).



## The Institute of Religion in an Age of Science

July 28-Aug 4

IRAS is an interfaith group working for a dynamic and positive relationship between religion and science founded in 1954. This year's IRAS conference, SAVING THE FUTURE, will examine why the World's peoples and nations are mostly failing to deal with the greatest threats to humanity in history – unsustainable world population growth; excessive consumption of natural resources; and climate change. While examining the root causes of the current unwillingness to take adequate action, be they: human nature, culture, institutions and/or political/economic competition, the conference will also focus on recent progress, including examples of effective cooperative action at local, national and international levels. It will then discuss how we might apply the lessons learned. Local and community initiatives, in particular, are essential steps in demonstrating feasibility and changing opinion in favor of national efforts. For more information visit [www.IRAS.org](http://www.IRAS.org).

# Membership & Program Fees

## Membership Fees

	Daily	Annual Jan-Dec
<b>Individual</b>	\$7	\$50
<b>Family**</b>	\$14	\$100

### Benefits include:

Access to the Gift Shop, Library, Sunday Worship, and The Store; the ability to purchase a program package or to make a reservation; and Silver Bay publications.



## Program Package Fees\*

	1-Day	7-Day	30-Day	Annual	10-Day Flex	Off Season
		7 Consecutive days	30 Consecutive days	Jan. 1 – Dec. 31	10 Non-consecutive days	Jan. 1 – Jun. 22 & Sep 5 – Dec. 31
<b>Child (0-17)</b>	\$8	\$50	\$105	\$238	\$72	\$163
<b>Adult</b>	\$15	\$100	\$210	\$475	\$135	\$325
<b>Family**</b>	\$23	\$150	\$315	\$713	\$207	\$488
<b>On-Campus Guests</b>	Program package included in reservation for length of stay.					

### Program Package Benefits Include:

**Special rates on programs and activities with additional fees**

**A wide selection of programs including, but no limited to:**

**Arts & Humanities Programs:** Watercolor Classes\*\*, Craft Shop\*\*, Lecture Series, Concerts, Music Recitals, Book Talk Group, Bridge Group

**Children's Programs:** After-School\*\*\*, Silver Camp\*\*\* (half day, full day and teen programs for ages 6 weeks to 18 years) Leaders Club\*\*\* and ChildWatch\*

**Family Programs:** Movies, Square Dance, Dodge-Ball, Game Nights, Slip-n-slide, Family Art, Campfire, Sing-alongs, Scavenger Hunts

**Holistic Programs:** Massage Therapy\*\*\*, Reiki Energy Healing\*\*\*, Meditation

**Recreational Programs:** Archery, Basketball, Boating, Climbing Wall, Fitness, Guided Hikes, Nature Center, Shuffle Board, Swimming, Tennis

**Spiritual Life Programs:** Bible Study, Vespers, Labyrinth Programs, Classes, Growth Groups

**SEE OUR WEEKLY NEWSLETTER, THE BREEZE, FOR THE COMPLETE SCHEDULE OF ACTIVITIES DURING YOUR STAY. THE BREEZE IS AVAILABLE AT THE FRONT DESK OR AT WWW.SILVERBAY.ORG.**

\* Must be a member to purchase program fees.

\*\* Family Membership includes married couples or up to two adults, all dependent children through the age of 18 and full-time college students through the age of 24, residing in the same household. (Proof of residency or college proof may be required.)

\*\*\* These programs and activities have additional fees.

# Dining

## Silver Bay Dining Room

**Join us for breakfast;** inside or out, enjoy a wide breakfast menu: fresh fruit, yogurt, hot and cold cereal, pastries, eggs, pancakes, waffles, sausage and bacon. Every morning is a little different.

**Our daily lunch menu** includes an array of specialty wraps, deli and salad bar, soup of the day, and much more.

**Our dinner entrees** include unique dishes... steaks, fresh fish, pasta dishes, chicken, and vegetarian as well as fresh vegetables, salads, soup and specialty desserts. The kids will enjoy our "Kid Friendly" section with its choices of chicken nuggets, pizza, macaroni and cheese, and more.

*Silver Bay will try to meet all your dietary needs.*

*Please contact us prior to arrival if you have any food allergies or require a special diet.*

### Dining Schedule

*(Off season meal times may vary)*

<b>Coffee &amp; Continental Breakfast</b>	6:30 am
<b>Hot Breakfast</b>	7:30 am to 9 am
<b>Lunch</b>	11:30 am to 1 pm
<b>Dinner</b>	5:30 pm to 7 pm

### Meal Tickets

**Meal tickets are available for purchase.  
Stop by the Front Desk if you wish to dine with us.**

<b>Breakfast</b>	Adult: \$13	Youth 6-17: \$6.50
<b>Lunch</b>	Adult: \$13	Youth 6-17: \$6.50
<b>Dinner</b>	Adult: \$18	Youth 6-17: \$9.00

*Children 5 and under eat free when accompanied by a paying guest.*



## The Store

The Store offers Silver Bay guests ice cream, pizza, fresh brewed coffee, gourmet teas, smoothies, and other assorted specialties. The Store is your place for morning newspapers, wireless internet and evening entertainment.



## Did You Know?

Silver Bay is the ideal location for your special event, wedding or other catered function. Let us host a special family reunion dinner or your rehearsal dinner, reception, or other catered event in our Boathouse overlooking the Lake or in our stately Inn. Ask about our custom cakes and sack lunches.

# Lodging

## Reservations

- Season begins June 23, 2012 and ends on Sept. 3, 2012.
- Check in time: 4:00 pm  
Check out time: 11:00 am
- All reservations require a 50% deposit at time of reservation. Full payment is due 4 weeks prior to your arrival. Guests who do not cancel reservation prior to arrival forfeit their deposit.
- A 5% gratuity - not reflected in the rates - is added at the close of your stay.
- A membership is required to make a reservation and may be purchased on an annual basis. See page 7 for more info.
- No billing adjustments are given for late arrival and/or early departure.
- Please contact the Reservations Department for the cancellation policy.
- **Make your reservation for 2013 & beyond.**



Reservation request forms are available online at [www.silverbay.org](http://www.silverbay.org).  
Call us at 1.888.758.7229 ext. 350 or email us at [reservations@silverbay.org](mailto:reservations@silverbay.org).

### 2012 Group & Large Family Accommodations With Meals

Rates are based on building occupancy.  
Rates include access to the campus for a variety of recreational activities and programs.

**Season Rates**  
June 23-Sept 3

**Off Season Rates**  
March 10-June 23,  
Sept 4-Nov 24

**Paine Hall** - Built in 1895, Paine Hall is a converted Victorian-era home overlooking the Silver Bay Campus. A perfect small group location with a broad porch and an attached rotunda meeting room. Rooms can accommodate up to five people with a shared bath for every 3-4 rooms. (17 rooms, maximum occupancy 52 people)

up to 40 people  
\$3,381/night

N/A

41-52 people  
\$4,713/night

N/A

**Hilltop** - A spacious 2-story lodge on a high point of the Silver Bay campus. Perfect for a small group or family reunion with a broad lake-view front porch with rocking chairs. (8 rooms, maximum 17 guests)

17 people  
\$1571/night

N/A

### 2012 Group & Large Family Accommodations Without Meals

**Hillcrest** - Perched on one of the highest points on the Silver Bay campus, overlooking Lake George with a spectacular view from a screened in porch. This building has 6 bedrooms and 2 baths, with a standard occupancy up to 17 and a maximum 19.

17-19  
\$3,967/week

N/A

**Spruce Mountain Lodge** - Built as a free-standing hotel in the late 1800's, set on the periphery of the campus, this cottage's porch looks towards the lake. This building has 10 bedrooms and 4 baths, with a standard occupancy up to 23 and a maximum of 32

23-32  
\$5,570/week

N/A

Please Note: Priority for these buildings will be offered to those requesting a week long reservation. Conference rates are available for parties of 20 or more. Please contact the Conference Services Department at 518.543.8833, ext. 345 for information.

## 2012 Individual Accommodations

The 2012 all inclusive rates are based on double occupancy and are per adult per night. Rates include room, meals and access to the campus for a variety of recreational activities and programs. Please contact the Reservations Department for children/youth rates. A Silver Bay YMCA membership is required to make a reservation and for all guests who stay on campus.

**Season Rates**  
June 23 -Sept 4

**Off Season Rates**  
March 10-  
June 23  
Sept 4-Nov 24

**Trinity House** - Trinity offers a retreat to guests and houses the Spiritual Life Library, comfortable common room and Wi-Fi throughout the building. Rooms are uniquely outfitted with antique Adirondack furniture. (13 rooms, maximum 29 people).

\$158

N/A

**Brookside Community House** - Brookside Community House has a large common area featuring a stone fireplace, piano, and conversation nooks. Every two rooms share a bath and can accommodate up to five people. (6 rooms maximum 19 people)

\$148

N/A

**Inn - private bath** - The centerpiece of our campus, the historic Inn is comfortably furnished and features a gracious lobby and broad front porch lined with rocking chairs. Many rooms have single and double beds, allowing families to share a room if desired. (71 rooms, maximum 205 people)

\$144-\$152

\$122-\$125

**Inn - shared bath** - Select rooms in our historic Inn are grouped in their original shared bath configuration. Many rooms have single and double beds, allowing families to share a room if desired. Gather in the gracious lobby and relax on the broad front porch. (26 rooms, maximum 76 people)

\$126-\$129

\$105-\$110

**Bayview** - Bayview enjoys breath-taking views of Silver Bay. Rooms – each with private bath – are furnished with a variety of single and double beds and accommodate up to four people. Bayview also houses adjoining rooms, a large conference room with wireless internet, and kitchen. (27 rooms, maximum of 99 guests)

\$137-\$140

\$123-\$125

**Hemlock** - With its simple furnishings, Hemlock is perfect for the true Adirondack experience. Rooms open to a shared porch, every two rooms share a toilet and sink, with common showers down the hall. (24 rooms, maximum 83 people)

\$90

N/A

**Hepbron** - Hepbron is a classic Adirondack lodge, perfect for youth retreats and budget-conscious groups. Each room has its own sink and can accommodate two people. Shared baths are located down the hall. (55 rooms, maximum 117 people)

\$80

N/A

**Spengler** - A dormitory-style building, each room has two single beds and a sink and central bathrooms are down the hall. The lobby is the perfect gathering place for youth retreats. (28 rooms, maximum 57 people)

N/A

\$96

### **NEWLY REMODELED!**

**Overlook** - Overlook is perfect for guests who want a true Adirondack experience. Rooms open to a shared porch, with a short walk to the central bath with toilets, sinks & showers (11 rooms, maximum 22 people)

\$50

N/A

**Conference rates are available for parties of 20 or more. Please contact the Conference Services Department at 518.543.8833, ext. 345 for information.**

# Cottage Rentals



## 2012 Cottage Rentals

Cottage	Bdrms	Bath	Standard Occupancy	Max. Occ	Number of Beds	Weekly Rate
Birch	1	1	4	4	2 singles, 1 daybed	\$1,054
Butternut	1	1	4	4	2 singles, 1 daybed	\$1,054
Charter Oak	2	1	6	7	4 singles, 1 daybed, 1 cot	\$1,852
Hartford	2	1	6	7	4 singles, 1 daybed, 1 cot	\$1,852
Laurel	2	1	4	6	2 singles, 1 queen, 1 sleeper sofa	\$1,741
Nassau	2	1	5	7	2 singles, 1 double, 1 daybed, 1 cot	\$1,852
Willow	2	1	6	6	4 singles, 1 daybed	\$1,852
Boltz	3	1	6	7	6 singles, 1 cot	\$2,365
Brightwood	3	1	8	9	6 singles, 1 daybed, 1 cot	\$2,476
Cedar	3	1	7	9	4 singles, 1 queen, 1 daybed, 1 cot	\$2,476
Elm	3	1.5	5	8	4 singles, 1 double, 2 cots	\$1,920
Hickory	3	1	5	7	2 singles, 1 double, 1 single/double bunkbed	\$1,920
Juniper	3	1.5	5	8	4 singles, 1 double, 2 cots	\$1,920
Oak	5	3	12	21	4 Singles, 2 Queens, 2 Single/Queen Bunkbeds, 2 Sleeper sofas	\$4,200
Summit	3	1	8	9	6 singles, 1 day bed, 1 cot	\$2,476
Sycamore	3	2	6	7	6 singles, 1 cot	\$2,031
Cherry	4	1	9	10	6 singles, 1 double, 1 bunk bed	\$2,749
Spruce	4	1	7	8	6 singles, 1 double	\$2,648

A Silver Bay YMCA membership is required to make a reservation and for all guests who stay on campus. Rates for cottages are based on a 7 night rental (Sat. to Sat.) during the summer season and include access to the campus for a variety of recreational activities and programs. Nightly rates are available for off-season rentals and a meal plan is available upon request. A \$35 per person nightly fee will be applied when occupancy exceeds standard. Meal plans are not included with cottage rentals. Cottages are equipped with kitchens and include linens, towels, and place settings for the maximum number of occupants.

# Programs

## Arts & Humanities

June 13-August 18

Enjoy a concert in our beautiful Auditorium, create a work of art with the help of instructors, learn about the environment, current affairs, or the history of the area through our lecture series

- Music Recitals and Concerts
- Lectures Series
- Book Groups
- Library
- Watercolor Classes\*
- Craft Shop Classes\* - Silver Jewelry, Stained Glass, Weaving, Pottery, Children's Crafts, Guest Artisans, "NEW" World Mission Projects
- Teen Art and Craft Classes\* -Teens entering grades 7-12

## Family Activities

June 23-August 18

Silver Bay offers a series of specially designed intergenerational programs just for families

- Movies
- Trivia Nights
- Square Dance
- Family Art
- Campfires
- Dodge Ball
- Beach Games
- Slip-n-Slide
- Frisbee Golf
- Pictionary Playdough
- Tie Dye
- "NEW" Family Fun and Wellness Nights in the Gym

## Holistic Programs

Silver Bay offers both Massage Therapy\*, Reiki Energy Healing\*, and Meditation.

## Spiritual Life Programs

The Spiritual Life Program is committed to helping people grow spiritually. Rooted in the Christian tradition, these programs are ecumenical in nature and open to all. Worship services are held at the Silver Bay Chapel and Auditorium throughout the year. During the summer months, we invite several guest preachers from around the country. Worship services are scheduled for this year on the following dates:

- May 20
- June 3, 17
- June 24-August 19
- September 2
- October 7
- December 24

The Chapel and grounds are also available for Baptisms, Weddings and Memorial Services throughout the year. For additional information contact the Conference Services Department 518.543.8833 ext. 345 or [conference@silverbay.org](mailto:conference@silverbay.org)

## Spiritual Life Programs & Classes

### Summer Programs

June 23-August 18

- Evening Vespers
- Classes
- Bible Study
- "NEW" Contemporary Service

### Year-Round Programs

- Spiritual Life Reading Group (non-summer)
- Growth and Healing Groups
- Labyrinth Programs
- Monthly Men's Prayer Breakfast

*\* These programs require additional fees.*

# Certifications

## Archery Instructor Level 1 Course\*

June 23

This 8 to 12 hour NAA Level 1 Basic Archery Instructor class is designed for 4H, scouts, summer camps, youth organizations, JOAD, County/City ASAP (After School Archery Program) Recreation Department or other short-term program instructors and YMCA instructors. No prior experience is required. Certification is valid for three years; the minimum age for students requires that youth must be in the year of their 16th birthday or older.

## USTA Recreational Coaches'

### Workshop\*

June 23

The Recreational Coach Workshop (RCW) prepare coaches, instructors and parents to give players an exceptional tennis experience and keep them coming back. – This program is taught by USTA Professionals and is perfect for camp staff and individuals alike.

## New York Safe Boaters Course\*

April 28-29, July 2-3, July 9-10, August 6-9, August 13-17

The course is designed as a comprehensive boating course, teaching the fundamentals of safe boating operation. Regardless of your age you must hold a safety certificate in order to operate a personal watercraft (jet-ski) in New York State. And if you are at least 10 years old and less than 18 years old, you must hold a safety certificate in order to operate a motorboat in New York State. As of Jan 1, 2011 you must be 14 years old to operate a personal watercraft with a safety certificate. Must be at least 10 years old by the first class.

## "NEW" Red Cross Lifeguard Course\*

June 16-19

Get the training you need for employment as a lifeguard! Includes instruction in water-front lifeguarding skills, first aid and CPR for the Professional Rescuer. Prerequisites: must be able to swim 500 yards without stopping, must be able to swim under water; must be 15 years old by June 16, 2012.

Recreational Activities				
	SP	S	F	W
Archery	✓	✓	✓	
Archery Clout Shoot & Competitions		✓		
Badminton	✓	✓	✓	
Basketball	✓	✓	✓	
Board Games & Puzzles	✓	✓	✓	✓
Boat Slips*	✓	✓	✓	
Canoeing	✓	✓	✓	
Climbing Wall*	✓	✓	✓	✓
Expedition Boat Tours*	✓	✓	✓	
Fitness Center	✓	✓	✓	✓
Fitness Classes Yoga, Tai Chi, Pilates		✓		
Guided Hikes		✓		
Hiking- 700 acres of trails	✓	✓	✓	✓
Horseshoes	✓	✓	✓	
Kayak & Sailing Lessons		✓		
Kayaking	✓	✓	✓	
Nature Programs		✓		
Sailing		✓		
Shuffleboard	✓	✓	✓	
Snow Shoeing				✓
Softball	✓	✓	✓	
Swimming		✓		
Tennis Courts Clay & Hard Courts	✓	✓	✓	
Tennis Lessons & Tournaments		✓		
Volleyball	✓	✓	✓	

SP=Spring  
S=Summer (June 23– Sept. 3)  
F=Fall, W=Winter

\* These programs require additional fees.

Spring & Fall Activities dependent on conference schedules

# Children's Programs

## Silver Camp

Available June 25 - August 17

Staffed by a dynamic team of Children's Leaders, and guided by the YMCA Core Values of Caring, Honesty, Respect and Responsibility the children's programs offer games, music, crafts, fitness, and of course making new friends. **This New York State Licensed Day Camp requires pre-registration, medical forms and additional fees.**

### Half Day Silver Camp

Monday-Friday

8:30am-11:30am

Ages 6 weeks through entering 12th Grade.

### Half Day Teen Program

Monday-Friday • 8:30am-11:30am

(times may vary based on weekly schedule)

Entering Grades 7-12

Program may require additional fees for off-site day trips or overnights.

### Full Day

Silver Camp (Grades 1-8 only)

Monday-Friday • 8:30am-3:30pm

Entering grades 1-8

\*Transportation Available for residents of Hague and Ticonderoga.

## CIT Program

(Counselor in Training)

CITs will participate in training and teambuilding, work along side Children's Leaders during Silver Camp, and participate in a CIT only Day Trip.

Monday-Friday 8:00am-12:00pm

Monday 7:00pm-9:00pm

Entering Grades 9-12

### Silver Camp Rates

	Member			Non-Program Member		
	Daily	Weekly	Season	Daily	Weekly	Season
<b>½ Day Programs</b>	\$12	\$38	N/A	\$19	\$57	N/A
<b>Swim Lessons</b>	N/A	\$16	N/A	N/A	\$24	N/A
<b>Unlimited ½ Day Program w/ Swim Lessons*</b>	N/A	\$140	\$875	N/A	N/A	N/A
<b>Full Day Programs w/ Swim Lessons</b>	\$28	\$76	N/A	\$39	\$114	N/A
<b>Bus Weekly</b> (Ticonderoga & Hague)	N/A	\$20	N/A	N/A	\$30	N/A
<b>CIT Program</b>	N/A	\$60	\$360	N/A	\$90	\$540

\*½ Day Camp and Swim Lessons for all children with a purchase of a family membership and program fees.



# Swim Lessons

Available June 25- August 17  
Monday-Friday  
1:45pm-2:30pm

**Y**MCA Progressive Swim Lessons promote children's health, safety, and self-esteem while they learn valuable lifelong skills. **Registration and additional fees are required. See page 14 for details.**

## Swim Lessons

Lesson	Age	Program Member or On-Campus Guest	Member or Non-Member	Family Unlimited
Parent/Child	2 years – entering kindergarten	\$18/Week	\$27/Week	Free
Polliwogs, Guppies, Minnows	entering grades 1 & up	\$18/Week	\$27/Week	Free
Fish, Flying Fish, Shark, Porpoise	entering grades 1 & up	\$18/Week	\$27/Week	Free

## Child Watch

Available June 23 - August 25

**A** 3 hour babysitting service for children ages 6 months through 12 years. Stop by the front desk for scheduled hours and to sign up. \$14 for the first child \$7 each additional child.



## Weekly Sessions

June 25 – June 29

July 2 – July 6

July 9 – July 13

July 16 – July 20

July 23 – July 27

July 30 – August 8

August 6 – August 10

August 13 – August 17

# Special Programs

## Music Camp\*

June 25-29

Students in grades 5-9 choose band, chorus, orchestra, jazz ensemble rehearsals, private lessons including piano and guitar. Music Camp Recital July 1.

## Dance Weeks

July 2-6, August 13-17

Learn to merengue, tango, foxtrot, swing, and salsa with David & Nina Endicott, two of the New York City dance instructors featured in the documentary "Mad Hot Ballroom". Daily lessons followed by the Silver Bay Ball on Friday (Ages 16 and up).

## "NEW" Silver Bay Red Clay Challenge Cup\*

July 21-22

Join us for the first annual Silver Bay Red Clay Challenge Cup. Coaches Dr. Paul Arciero of Skidmore College and Rolland LeBlanc of the Saratoga YMCA will each coach a team of participants as they compete for Cup honors. This is a round-robin doubles, gender-blind event open to players of all abilities, with a 3.5-and-under division, and a 3.5-and-over division. Matches will be played 8:30-5:30 Saturday; semi-final and final matches will be played Sunday, beginning at 11:00am. All proceeds from this event will be donated to the Annual Fund For Silver Bay as a restricted gift to Tennis Program operations

## Silver Bay's Family Conference

July 30-August 13

See page 5 for information.

## Mozart Singers

August 13-17

Under the direction of Dr. Davis Giersch participants will rehearse daily in preparation for a final performance. This program is open to all members and guests who love to sing great choral music.

## Family Weekends

More than just your summer place, Silver Bay has set aside the following weekends for members and guests to enjoy seasonal activities, fun for the whole family.

- Memorial Day Weekend May 25-27
- Columbus Day Weekend October 5-7

## Emp Alumni Fellowship Events

Throughout the summer EAF will sponsor a series of events:

- Dessert receptions on the ERC
- Current Emps vs Former Emps Softball Game
- Annual Meeting
- Off-campus gatherings

Watch the Silver Bay website, the EAF Facebook page, and the Spring Empilog for a full list of events. Plan to join in the fun and fellowship!

## Art of Spiritual Guidance\*

This Silver Dove Institute Program is for individuals interested in deepening their spiritual journey and serving others as a Spiritual Director or Guide. Next session begins the Fall of 2012. For more information contact Rev. Bruce Tamlyn at 518-543-8833 ext 272, btamlyn@silverbay.org.

\* These programs require additional fees.

Silver Bay

## \* Events

### Council Events

The Silver Bay Council is a group of volunteers who fund raise for Silver Bay's needs and participate in work weekends building picnic tables, tending to the gardens, providing trail maintenance and much more. For more information contact Mike McCord at 518.543.8833 ext. 307 or [mmccord@silverbay.org](mailto:mmccord@silverbay.org).

- Council Porch Sale August 8 & 15
- Spring Work Weekend May 18-20
- Fall Work Weekend October 5-7

*\* These programs require additional fees.*



- May 18 – 19 - \*Council Work Weekend
  - May 25 – 28 – \*Memorial Day Family Weekend
  - June 23 – Summer Season begins
  - June 23 – \*NAA Archery Instructor Level 1 Course
  - June 23 – \*USTA Recreational Coaches Workshop
  - June 25 – Silver Camp begins
  - June 25 – 29 – Music Camp
  - July 2 – 6 – Dance Week
  - July 2 – 3 – \*NY State Safe Boaters Course
  - July 4 – Shortest 4<sup>th</sup> in the North 11:15 am
  - July 9 – 10 - \*NY State Safe Boaters Course
  - July 21-22 - \*Silver Bay Red Clay Challenge Cup
  - July 27 – John Costello Concert
  - August 3 – \*Silver Bay Idol
  - August 4 – 18 Silver Bay's Family Conference
  - August 6 – 9 \*NY Safe Boaters Course
  - August 8 – \*Silver Bay Golf Tournament
  - August 8 – Council Porch Sale
  - August 9 – Watercolor Art Show
  - August 9 – 11 – Emp Broadway Show
  - August 13 – 17 – Dance Week
  - August 13 – 16 – \*NY Safe Boaters Course
  - August 13 – 17 – Mozart Singers
  - August 15 – Council Porch Sale
  - August 15 – Blood Drive
  - August 16 – \*Team Triathlon
  - August 16 – Watercolor Art Show
  - September 3 – Summer Season ends
  - October 5 – 6 – \*Council Work Weekend
  - October 5 – 8 – \*Columbus Day Family Weekend
- Events may be subject to change without notice.

**Contact Carroll LaPann at 518.543.8833 ext 207 or [clapann@silverbay.org](mailto:clapann@silverbay.org) to inquire about volunteer opportunities.**

# Community

## Community Events

- **Community Membership**  
*January 1-March 11*
- **Dinner and a Movie** \$5 suggested donation  
*2nd Friday Jan-May & Sept-Dec*
- **John Costello Scholarship Coffee House**  
*July 27*
- **Look for Silver Bay at the following Town Events:** Hague Winter Carnival, Hague Memorial Day Parade, Ticonderoga 4th of July Parade, Hague Oktoberfest, Holiday in Hague and TiSantaFest...

## "NEW" YMCA Leaders Club

This program provides 7 – 12 graders with personal growth and meaningful group experiences. The teens participate in character development, values education, community service, and other leadership development opportunities. Silver Bay's Leaders Club meets biweekly on Thursdays at 5:00pm. For more information please contact Erin Grayson at [egraysen@silverbay.org](mailto:egraysen@silverbay.org) or 518.543.8833 ext 316

## YMCA Afterschool and Vacation Camp

Located at the Ticonderoga Elementary School this school age program is available for children in grades Kindergarten to 6th grade. Students have access to homework help, recreational activities and games. For more information contact Jackie Palandrani at [jpalandrani@silverbay.org](mailto:jpalandrani@silverbay.org) or 518-543-8833 ext 210



## Open Pathways

To assure Silver Bay is open to all, financial assistance is available through OPEN PATHWAYS. Silver Bay offers sliding scale memberships, for year round residents of Warren and Essex Counties as well as the Town of Putnam based on need. OPEN PATHWAYS is made possible through the generous contributions of our YMCA members and supported by the Annual Fund for Silver Bay. Contact the Guest Services Director, Margaret Robinson at 518.543.8833 ext. 235 or [mrobinson@silverbay.org](mailto:mrobinson@silverbay.org), for details or to obtain an application.

## Military Families R&R

Silver Bay reaches out to recently returning military veterans and their families with a complimentary invitation to renew, refresh and nurture family ties on tranquil Lake George. For more information contact the Reservations Department at 518.543.8833 ext. 350 or [reservations@silverbay.org](mailto:reservations@silverbay.org).

## Brookside/Trinity Mission

Pastors and their families are invited to retreat at the Brookside/Trinity Center from Labor Day through early June. Though there is no charge, donations are encouraged. For more information contact Chip Devenger at 518.543.8833 ext. 215 or at [cdevenger@silverbay.org](mailto:cdevenger@silverbay.org).

# Giving Opportunities

## WAYS TO GIVE

All gifts to Silver Bay are important and make a difference. Whether you donate to the Annual Fund for Silver Bay, give in memory or in honor of someone, or donate to a special project, your support is greatly appreciated and helps sustain the mission of Silver Bay.

**The Annual Fund for Silver Bay** – Help grow our Military Family R&R Program, provide scholarships to youth and families, preserve our historic buildings, build youth and community programs, host international Emps at Silver Bay, and bring dynamic summer programs to campus.

**Planned Giving through White Birch** – Consider a simple will bequest, naming Silver Bay as a beneficiary of your IRA, giving life insurance or real estate. No minimum commitment is needed to join White Birch. Just inform Silver Bay in writing about your planned gift.

**Silver Bay's Board Designated Fund** Make a large or small one-time gifts to help build a strong foundation of support for Silver Bay's long-term financial stability. (Gifts of \$25,000 or more can be designated for a new named fund.) Smaller gifts can be added to the Board Designated Fund.

**In-Kind Gifts from our Wish List** – Go to [www.silverbay.org](http://www.silverbay.org) and click on "Donate Now" and then "Ways to Give" to see specific items needed to enhance our programs and services.

**Join Silver Bay Council or Emp Alumni Fellowship** – The Council organizes two successful summer porch sales and returns to campus for "Tidy Time" weekends in the spring and fall to enhance our buildings and grounds. Emp Alumni Fellowship plans year-round Emp reunion activities and raises funds for Emp scholarships, improvement of facilities and recreational opportunities for Emps.

*Silver Bay is a 501(c)(3) not-for-profit organization. All gifts are tax deductible to the full extent provided by law.*

**Volunteer your Skills** – Contact Carroll LaPann, Volunteer Champion, who will match your skills and available time commitment with volunteer opportunities in all departments at any time of the year. For more information, contact Caroll at [clapann@silverbay.org](mailto:clapann@silverbay.org) or 518-543-8833 Ext. 207.

**Capital Campaign** This ambitious \$30 million Campaign will upgrade Silver Bay's facilities, preserve its pristine waterfront, and enhance and extend its reach to the many who will benefit from their time at Silver Bay - Individuals, families, church groups, environmental education classes, leader training groups and non-profit organizations. Learn more at [www.silverbay.org](http://www.silverbay.org).

**Donate Now** For specific instructions on how to make a gift, go to the [www.silverbay.org](http://www.silverbay.org) and click on "Donate Now" and then "Ways to Give".



**Questions?  
We would be happy  
to talk with you!**

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A Silver Bay Experience  
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[@SilverBayYMCA](https://twitter.com/SilverBayYMCA)

